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Providing young adults an opportunity for personal growth, friendships, and leadership development while improving the quality of life for the underserved children in our communities.

PRESIDENT'S MESSAGE

Greg Carl

Summer is on the horizon, and this is the final Newsletter of my term as National President. For one last time, the 4 most important practices for a successful 20-30 experience, in my opinion, are the following, in order:

- Having fun
- Helping kids
- Making friends
- Engaging/mentoring prospects & new members

As I prepare to abdicate the throne, #4 on the above list is going to be my primary function as a member of this organization for the next year before I age out. Mentoring new members & prospects is paramount for the success of this organization.



If you are at a 20-30 meeting or event and you see new faces in the room, go say hi! I realize there are other friends and acquaintances in the room you've been wanting chat with, but your prospective members & new members whom you haven't met yet should always take precedence. Start off with some small talk, make them feel comfortable and wanted. There was a time when you were the lonely person in the room who's most stressful moment was trying to figure out where to/not to sit at your first meeting.

Prospective members don't usually come to meetings dying to hit the ground running. They show up and sit in a room where everyone knows each other, but no one knows them. Some clubs have social-time prior to the



meeting, some have mid-meeting raffle breaks, and some have social-time afterwards. Sit down and talk to your prospects, invite them to check out planning committees and conventions. In a world of text messages, Facebook comments and zoom meetings, it's easy to forget the value of connecting with someone one-on-one, face-to-face.

Being a mentor doesn't only apply in regard to new members & prospective members. If you've held leadership roles within the organization, the next crop of members coming in to fill those roles

more often than not will come across a question or situation that they could use some consulting on. When this situation arises, there are many ways to improve their experience and make sure the work gets done. However, being a good mentor **does not** mean showing them one way to do things and hanging around to scold them the second they stray from your pre-determined path. Let's not forget why Active 20-30 was established in the first place: so the old, outdated voices have a shelf life. This organization is always changing, and will need to always keep changing to continue being what young adults in our society want it to be. During my upcoming year as National IPP, if it turns out that the New National President, Timber, wants to repeal every motion that was passed under my regime, I won't stand in the way - I will guide him through the steps to take to advance his agenda. I might very well vote against them when the motions are on the table, but you'll never catch me chastising his vision in front of a crowd or try to steamroll him into following my footsteps.

PRESIDENT'S MESSAGE

Greg Carl



Is becoming a mentor an overnight process? Absolutely not. Having been a member for 5+ years and/or having been on your club's board alone does not make you a mentor. Those certainly help, but the best litmus test for what it takes to grow into a good mentor is how proficient you are at putting others before yourself. I've talked to a few previous members over the years who quit their clubs, and one statement that came up multiple times was: "I quit because it wasn't the same after ____ aged out or after _____ left." It is always a major blow when a well-liked member or

well-respected leader is no longer part of your club, but this curse is also 20-30's greatest blessing. There are now shoes (or sandals) to fill, and the next step in your "Personal Growth" is to take the opportunity that has been granted and learn to fill them for the benefit of the rest of your club's membership. Don't try to become the person who left. Try to put the best parts of you out there for the rest of your club to see and stay positive. What are some traits of leaders/mentors you've had in life that resonated with you the most?

Don't limit this to just mentors within 20-30, I'm also talking about



Coaches/Teammates in Sports, Historical Figures/Celebrities, Teachers, maybe even your Parents - anyone whose actions or words inspired you to put in more effort. Here are some traits that some mentors who have inspired me over the years had in common:

- Passionate
- Sense Of Humor
- Patient
- Empathetic

It might not come naturally at first, but if you keep at it and start to

notice results from your protégés, then congratulations, you've grown! I always hear people say "Be the change you want to see." The stage is set, here's your chance!

Keep furthering our mission statement, keep having fun, keep helping kids, keep making friends and keep growing into a mentor. Whatever it is that life may hold for you once your 20-30 years are behind you, I promise that the years you spent here doing those 4 things will leave you well prepared for it.

Yours in service,

Greg Carl

National President 2022-2023, Active 20-30 US & Canada - Petaluma #30

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Member Spotlight

Antonia "Ando" Andros, Southern Arizona #1027

What is your current role in the club?

"I'm currently the President, but we'll be having elections in a month, so soon to be a Past President."

How did you hear about the re-charter of the Southern Arizona club and what made you want to get involved?

"I first heard about the re-chartering from my brother, who has been a long-standing member of the Tucson men's club. I tagged along to a few events that they've put on in the past and really enjoyed what I saw, so when the opportunity came to recharter a women's club, I was really interested in being part of it."

What is your favorite event and/or fundraiser that your club has put on and why? Who did it benefit?

"My favorite event we've done so far was one of our first fundraising events. We were helping out at the men's club's Oktoberfest by selling pretzel necklaces to raise money for Tu Nidito. We were pumped up from having our re-chartering event, which was the day before, and we came out in force and almost sold out! The men's club also did a really good job of hosting the event, so it was a really fun time too!"

Where do you hope your club will be in the next five years?

"I'm hoping in the next five years we can really establish ourselves as a strong club and to start hosting a large annual event for fundraising. It might take a few years of trial and error to find our flagship event, but our club members are a really talented bunch, and I know we can do it!"

Do you have any events coming up you'd like to share?

"We're currently planning our first big event after re-chartering, which is a Luau on July 14th at a local restaurant called Fini's Landing!"

What is the best way for prospective members to contact your club if they want to know more?

"The best way new perspectives can get into contact is by emailing us at

southernarizona2030@gmail.com."



Member Spotlight

Roneka "Nico" Jones, Greater Sacramento #1032

What is your current role in the club? Any aspirations to take on higher roles in the organization?

"I am currently just a general member, I have volunteered to help out at events but am not on the board. At the moment, I am having fun figuring out the best ways to volunteer my time and talents for club events while working around my schedule."

How did you hear about the Active 20-30 club, and what made you want to get involved?

"I initially found out about the club on Facebook or IG. One day, I was looking for volunteer opportunities, and it popped up in my feed. It took me a few meetings before I knew I wanted to join because I wanted to feel the vibe and see if it was a good fit for me. What drew me in was the camaraderie that the ladies in the club share and the genuine friendships that I noticed in my short time observing during meetings. Once I saw that, I knew it was a safe space to be in and to get to know more women in Sacramento."

What is your favorite event and/or fundraiser that your club has put on and why? Who did it benefit?

"So far, my favorite event would have to be Crab Feed. It was a blast to see everything come together and all the costumes that people wore to get into the event's spirit. The money we raised that day went to Shopping Spree, which is an event where school kids can shop for back-to-school clothes and supplies."

Where do you hope your club will be in the next five years? Do you have any goals as a whole club or yourself personally?

"It's hard to say how the future will turn out in five years, but I hope my club will have more women to learn and grow alongside. Since I am still fairly new to the club, I can't speak too much on specific club goals, but I would love to continue to see myself grow into accepting more leadership roles. Also, to help build the club's reputation while being a positive role model in Sacramento."

Do you have any events coming up you'd like to share?

"There are always great opportunities for connection within the #1032 chapter. I would forget them all if I tried to list them all. However, I encourage women to check out our [Facebook Page](#) if they want to know how to connect with the women in our chapter."

What is the best way for prospective members to contact your club if they want to know more? When and where are your meetings?

"The best way for prospective members to contact our club for more information is to email info@sacwomens2030.org with any questions, visit our Facebook page and drop a message, or [visit our website](#) to fill out a member interest form.

We have two meeting venues via Zoom or In-person at McKinley Library near Midtown, Sacramento. The In-person meetings are fun because you see everyone in one space and catch up before and after meetings."



Region 2 Highlight



Region 2 Highlight: 7th Annual Red Bluff Throw Down Cornhole Tournament

41 Teams competed in the 7th Annual Red Bluff Throw Down Cornhole Tournament. This double-elimination event was hosted during the Tehama County District Fair.

This event raised over \$2,000 (net) to go towards Empower Tehama's Camp Hope, a Summer Camp for kids affected by domestic violence.

Region 3 Highlight



Region 3 Highlight: Lights, Action, VIVA Valley of The Sun #1028

The Active 20-30 Club of the Valley of the Sun had a wildly successful VIVA event this year. With silent auctions, raffles, drinks and appetizers, and dancing, they put together a classy and fun gala event. Members of Active 20-30 of Phoenix and Tucson were also in attendance to support. All told, the event raised proceeds of \$150,000 that will go towards a variety of charities serving children, from foster youth to kids with cancer.

Region 4 Highlight



Region 4 Upcoming Event: Carson Valley #85 Carson Valley Days - Island Theme

The 113th annual Carson Valley Days celebration will be from June 8 - 11 at Lampe Park in Gardnerville, NV. The theme this year for the parade will be "Aloha, Carson Valley!" Events span the weekend, including carnival rides, live music, games, a horseshoe tournament, crafts and more, with the parade and carnival at the center of it all.

Region 5 Highlight



Region 5 Upcoming Event: Petaluma #30 Petaluma's Great Ribs & Chili Cook Off

This event is set for June 3, 2023 at the Petaluma Fairgrounds and gives the home cook a chance to show off their skills & passion for good BBQ. HOW CAN YOU HELP?

- Compete in the Ribs and/or Chili Cook Off! Sign up online or request a form: <http://www.petaluma2030.org/ribs-for-kids-signup>
 - Rib Cookoff Competitor: Includes uncooked ribs provided morning of, side dish entry and chili entry (chili optional) - \$150
 - Chili Cookoff Only Competitor: Includes a 6ft table, two chairs and access to power outlet - \$25
- Become a Sponsor. Email us. petaluma2030r4k@gmail.com
- Donate a Raffle prize. Send us a message via email or social media to arrange pick up.
- Buy tickets to attend.
 - General Admission-8 rib tastings and 1 drink ticket - \$60
 - VIP-Unlimited food tastings and drink tickets - \$100

Meet the US & Canada Candidates

President-Elect: Aaron "UGGS" Meeden, Carson Valley #85

I have goals that would be good for every club of this fine organization. I am intending on creating the sense of community that this organization needs. Our organization has many different faces and personalities, all of whom have the same mission: to serve underprivileged youth. In this purpose we have set for ourselves we also have the opportunity to develop and grow into the best versions of ourselves: leaders and trendsetters. For the past 10 years

at a local level I helped foster those personal and professional developments and I am prepared for this same responsibility at a national level. If you are going to go on an adventure, you had better wear comfy shoes, and I'll be the most comfortable pair of shoes you'll ever wear.



Region 5 Director: Laura "Ride or Die" Wasson Redwood Empire #1029



As an Active 20-30 member for almost the last 5 years while continuing my leadership journey, I am excited for an opportunity to serve on the National Board. As a candidate for Region 5 Director Candidate my goals are to hold regional volunteer and hands-on activities, support clubs in participating with other clubs more, providing more space for leadership development, and hearing from our region about needs, wants, and concerns and creating an action plan for short and long term goals for our region. My life mission since I can remember has been to create safe spaces for children and youth through non-profits while ensuring we all have the skillset to provide these safe spaces.

We are all here with the same mission of helping underserved children and youth and I want us to continue to build on our mission so we can continue to serve our communities well.

Region 4 Director: Robby "Sunshine" Boulais, Carson Valley #85

As I approach my last years serving the Active 20-30 Organization, I thought of no better way to conclude my service than by being on the National Board. I bring over 12 years of experience and knowledge to the board and hope I can leave a standing impact with the National Board Members along with local members. We are an organization structured to build leaders and help children in need and this is what I intend to do. Use my resources to build leaders at a National level so our members at a local level maybe be inspired to do the same.



National Convention

National Convention - June 21-25, 2023



Get ready for a convention for the ages with a goal of re-chartering a club in the Boise/Nampa, Idaho vicinity.

Enrichment Classes! Thursday, June 22, 2023

- Robert's Rules of Order & How to Run an Efficient Meeting
- Marketing, Public Relations, Fundraising and Recruitment
- How to Manage a Project

Group Activities!

- Skating at the Roller Dome, Wednesday, June 21, 2023
- "Blue Room" themed reception, Thursday, June 22, 2023
- Hands on Event, Friday, June 23, 2023
- Roaring Springs Waterslide Park, Friday, June 23, 2023
- Americana Themed Installation at the Veterans of Foreign Wars Hall, Saturday, June 24, 2023
- Hang out with pals new and old by the pool or on the patio at the Hotel (Everyday!)

Registration is \$310.00 and after June 5, 2023, the registration period will be closed (registrations are transferrable, but not refundable).

[Visit the convention website](#) for registration

Running for office, and want to "host a soapbox" at our Blue Room Reception? Any other questions?

Email the planning committee (comprised of Past-Active Life Members from 3 different Regions) at

2030nampa101@gmail.com



International Convention

International Convention - July 12-16, 2023

C.D.M.X. is the capital & largest city in Mexico: full of architectural icons, history and culture of the country. Pricing is **\$590** per person, which includes the Hotel stay & Meals/Drinks.

Wednesday, July 12th

- Registration
- Closing of Centennial Term
- Welcome Dinner



Thursday, July 13th

- Outgoing Officers Meeting
- Visit to Xochimilco
- Party Night



Friday July 14th

- International AGM
- Nations Night



Saturday July 15th

- Tour in Turibus (additional \$\$)
- Incoming Officers Meeting
- Gala Dinner



Visit <https://www.activo2030mexico.com/cdmx/> for more information including a full itinerary & details about the all-inclusive Hotel Barcelo México Reforma.